

**Every year we make
New Year's Resolutions,
but are they realistic?**

A recent study which was featured in the Daily Mail claimed that on average, women spend £1000 a year on clothes but only wear 30% of what they have bought.

This means that a lot of women are wasting over £600 per year on clothes that will never see the light of day! With today's economic climate and pressures to cut back on spending, There has never been a better time to improve our bad spending habits. So where are we are going wrong?

With so many clothes in the shops in a bewildering range of colours and styles it's no wonder that our hard earned cash is being wasted on unworn items. How many times have you bought something which you were sure looked great in the shop, only to look in the mirror at home and be horrified by the pale and washed out reflection that stares back at you? I know I have been there!

So, what if there was an easy solution without having to spend ££££ on a Personal Shopper?



**The
answer is
all to do
with
Colour.**

Unless you know which colours suit your skin tone and hair colour, you're fighting a losing battle. A Personal Colour Consultation will



ensure that you never waste money again.

Before I knew my colours, I made all the same mistakes. I used to live in black, until I learned that this was the worst possible colour for me to wear. I just presumed that anyone could wear black because the majority of clothes in the shops are this colour. I wasted large amounts of money on clothes I never wore and the clothes I did wear just didn't give me the confidence I was looking for. My life changed so much when



I knew my colours. The results were so amazing that I decided to start my own Image Consultancy, Inspired by Colour, to help other women avoid the mistakes I had made, and to help them make the most of their image. Once you've had a Personal Colour Consultation, you can be confident about what colours suit you and make you look fantastic. Finding clothes becomes a breeze when you shop with your personalised colour swatch because you'll only pick items that you know look fabulous all the time.

Why do people assume that I have a vast wardrobe of clothes when in reality it's very small?

Another benefit of shopping this way is that everything in your wardrobe goes together! I wear many different combinations of my clothes and I always look different. It's as simple as that!

**You have a wardrobe of
clothes but nothing to wear
and would like to unveil the
secrets of looking good, what
are you waiting for?**